

What's Happening at SNAP September 2026

Temporary Main Number

917 930 6546

Director of Eastern Queens

Older Adult Center Operations

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A Not-For Profit agency funded under contract with the NYC Department for the Aging as part of the Older Americans Act Program

A MESSAGE FROM THE DIRECTOR

S E P T E M B E R 2 0 2 6

Dear beloved community

I want to take a moment to address the recent concerns and questions surrounding SNAP's unexpected need to change venues. As many of you know, we are facing significant electrical issues at our current location due to no fault of SNAP. Unfortunately, these issues are beyond repair and have made it necessary for us to seek temporary accommodations for our center.

Please know that this decision was not made lightly. Our priority is, and will always be, the safety, comfort, and continued well-being of our members. We are actively and continuously searching for a temporary home for SNAP while we await the completion of our future permanent home, which we anticipate may take approximately a year or more.

I understand that change can bring uncertainty and concerns about what lies ahead. I want to reassure everyone that the spaces we are currently exploring have the potential to be more than accommodating for our members. One location we are seriously considering is close to our current location, offers ample parking, and has the space necessary for us to continue providing programs, activities, services, hot meals and opportunities for our community.



During this time, I kindly ask everyone to help keep rumors and misinformation to a minimum. There will naturally be many questions as we work through this transition, but I encourage you to please get your information directly from the source—me and the SNAP leadership team. We are committed to keeping you informed as decisions are made and confirmed.

I know this is a lot to process, and I understand that many of you may have concerns. However, I truly believe that the future of SNAP is bright. This transition is temporary, and it represents an opportunity for us to continue growing and imagining what is possible for our organization and our members. The future is bright, and I truly believe that more is possible with SNAP than ever before. Together, we will continue to build a strong, welcoming, and vibrant community for older adults.

Thank you for your patience, understanding, and continued support during this transition. I appreciate each and every one of you and look forward to sharing more positive updates with you soon.

With appreciation and optimism,

Nina Bhola-Cruz, MA

Director, SNAP of Eastern Queens Older Adult Center Operations

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UPCOMING TRIP SCHEDULE



JONES BEACH

Wednesday, September 2nd @10AM \$5 P/P
SNAP Lunch Included & Transportation

HALL OF SCIENCE

Friday, September 11th @10AM \$10 P/P
SNAP Lunch Included & Transportation

SUGAR FACTORY

Tuesday, September 8th @10AM \$20 P/P
SNAP Lunch & SNAP Transportation Included

MUSEUM OF MOVING IMAGE

Monday, September 14th @10AM \$20 P/P
SNAP Lunch & SNAP Transportation Included

FARMERS MARKET

Wednesday, September 9th @10 AM \$5 P/P
SNAP Transportation Included

FLUSHING MUSEUM

Tuesday, September 15th @10AM \$20 P/P
SNAP Lunch & SNAP Transportation Included

MOVIE THEATER DAY

Wednesday, September 9th @10AM \$30 P/P
SNAP Transportation Included

QUEENS ZOO

Wednesday, September 16th @10AM \$35
P/P SNAP Transportation Included

PAINTING W/ KASH

Tuesday, September 8th and 15th @10AM
\$5 P/P SNAP Lunch Included

HEALTHY AGING FAIR

Thursday, September 17th @10 AM \$5 P/P
SNAP Lunch Included & Transportation

Please contact Yvette to make reservations
at 917-930-6546.



VIRTUAL / Hybrid

Mondays

10:00 AM | Meditation with Michael

ID# 893 1034 6436

11:00 AM | Chair Yoga with Irene

ID# 809-327-718

Tuesdays

10:00 AM | Lost in the 50's Music with Stan

ID# 840 8066 7521

11:00 AM | Chair Dance with Irene

ID# 809-327-718

1:00 PM | Heart Strong with Doreen

ID# 865 5195 3397

2:00 PM | Memory Lane with Dean

ID# 889 1530 8939

Wednesdays

11:00 AM | Chair Yoga with Irene

ID# 809-327-718

1:00 PM | Core Confidence with Doreen
(Intermediate to Advanced)

ID#: 865 5195 3397

2:00 PM | Landmark Trivia with Rhea

ID#: 870 9896 7006

Thursdays

1:00 PM | Functional Fitness with Doreen

ID#: 865 5195 3397

Fridays

11:00 AM | Chair Yoga with Irene

ID# 809-327-718

1:00PM | Stretch & Strength with Doreen

ID#: 865 5195 3397

**DAILY CLASS
SCHEDULE**

ON

ZOOM



SNAP
Services Now for Adult Persons, Inc.
YOUR KEY TO AGING SERVICES

All passwords:

SNAP

HAIRCUTS WITH MARILYN

**\$10
P/P**



TIME: 9:15AM | **Tuesday,**
| **September 22nd**



SNAP
Services Now for Adult Persons, Inc
YOUR KEY TO AGING SERVICES

JOIN IRENE

ON ZOOM FOR CHAIR

ACTIVITIES

Chair Yoga is a gentle and accessible form of yoga where traditional poses are adapted to be performed while seated or using a chair for support.



Monday - Chair Yoga
Tuesday - Chair Dance
Wednesday - Chair Yoga
Friday - Chair Yoga



 **11am**

SNAP
Senior Network of Aging Professionals
 **YOUR KEY TO AGING SERVICES** 

Zoom Meeting ID: 809-327-718

Fitness with Doreen via ZOOM



Stay active and engage with Doreen
on Zoom for curated classes to
keep you moving!

SCHEDULE:



Tuesday – Heart Strong Fitness
Wednesday – Core Confidence
Thursday – Functional Fitness
Friday – Stretch & Strength Fitness

ZOOM INFO:

1:00pM

Join us on ZOOM

Meeting ID:

865-5195-3397

Passcode: SNAP



