



SNAP of Eastern Queens Breakfast Menu - November 2025



Mon	Tue	Wed	Thu	Fri
3 French Toast w/ Syrup Scrambled Eggs Oatmeal Blueberries	4 Egg Whites Egg Twist Roll w/ Butter & Jelly Greek Yogurt Banana	5 Pancakes w/Syrup Egg Omelet Oatmeal w/ Raisins Orange	6 Scrambled Eggs Bagel w/ Cream Cheese Bran Flakes Banana	7 Cheese Blintzes Scrambled Eggs Oatmeal Blueberries
10 Pancakes w/Syrup Egg Omelet Raisin Bran Banana	11 	12 Waffles w/Syrup Scrambled Eggs Oatmeal Orange	13 Egg Whites Kaiser Roll w/Butter Cheerios Banana	14 French Toast w/Syrup Egg Omelet Bran Flakes Strawberries
17 French Toast w/Syrup Egg Whites Oatmeal Banana	18 Scrambled Eggs Veggie Sausage Patty Cheerios Banana	19 Hard Boiled Eggs (2) Bran Muffin w/Butter Oatmeal Orange	20 Pancakes w/Syrup Egg Omelet Bran Flakes Strawberries	21 Scrambled Eggs Bagel w/ Cream Cheese Oatmeal Tangerine
24 Egg Omelet Bran Muffin w/ Butter Greek Yogurt Cheerios Banana	25 Scrambled Eggs w/ Swiss Cheese Bagel w/Cream Cheese Oatmeal w/Raisins Orange	26 French Toast w/ Syrup Scrambled Eggs Bran Flakes Blueberries	27 	28 
	SNAP of Eastern Queens OAC 8045 Winchester Blvd. Bldg 4 Queens Village, NY 11427 (718) 454-2100 Snapqueens.org		A Not-for-Profit agency funded under contract w/ the New York City Department for the Aging as part of the Older Americans Act	