

SNAP of Eastern Queens Breakfast Menu - September 2025

| Mon | Tue | Wed | Thu | Fri |
|--|--|--|--|--|
| 1  | 2 Scrambled Eggs with Swiss Cheese Bagel with Cream Cheese Oatmeal Raisins | 3 French Toast with Syrup Egg Whites Bran Flakes Blueberries | 4 Egg Omelet Croissant with Butter Oatmeal Banana | 5 Waffles with Syrup Scrambled Eggs Wheaties Orange |
| 8 Pancakes with Syrup Egg Whites Cheerios Banana | 9 Scrambled Eggs Bagel with Cream Cheese Raisin Bran | 10 Greek Yogurt Kaiser Roll with Butter & Jelly Oatmeal Raisins | 11 Hard Boiled Eggs Corn Muffin with Butter Bran Flakes Banana | 12 French Toast with Syrup 3-Cheese Egg Bites Oatmeal Blueberries |
| 15 Egg Omelet Bagel with Cream Cheese Raisin Bran Cereal Greek Yogurt | 16 Waffles with Syrup Veggie Sausage Patty Bran Flakes Banana | 17 Scrambled Eggs with Swiss Cheese Bran Muffin with Butter Oatmeal | 18 Pancakes with Syrup Egg Whites Cheerios Banana | 19 Scrambled Eggs Kaiser Roll with Butter & Jelly Oatmeal Raisins |
| 22 French Toast with Syrup Scrambled Eggs Oatmeal Blueberries | 23 Egg Whites Egg Twist Roll with Butter Greek Yogurt Banana | 24 Pancakes with Syrup Egg Omelet Oatmeal Raisins | 25 Scrambled Eggs Bagel with Cream Cheese Bran Flakes Banana | 26 Cheese Blintzes with Sour Cream Scrambled Eggs Oatmeal Blueberries |
| 29 Pancakes with Syrup Egg Omelet Raisin Bran Banana | 30 Scrambled Eggs with Swiss Cheese Cinnamon Raisin Bagel with Cream Cheese Bran Flakes |  | SNAP of Eastern Queens OAC 80-45 Winchester Blvd. Bldg 4 Queens Village, NY 11427 (718)454-2100 Snapqueens.org | A Not-for-Profit agency funded under contract w/ the New York City Department for the Aging as part of the Older Americans Act |