

SNAP of Eastern Queens Lunch Menu - October 2025

Mon	Tue	Wed	Thu	Fri
<p>SNAP of Eastern Queens OAC 80-45 Winchester Blvd. Bldg 4 Queens Village, NY 11427 (718)454-2100 Snapqueens.org</p>	<p>A Not-for-Profit agency funded under contract w/ the New York City Department for the Aging as part of the Older Americans Act</p>	<p>1 Pork Chops Macaroni and Cheese Collard Greens Tuna Salad with Eggs</p>	<p>2 Baked Fish Oreganata Roasted Potatoes Mixed Vegetables Grilled Cheese w/ Tomato</p>	<p>3 Chicken Parmesan Penne w/Tomato Sauce California Blend Vegetables Tuna Salad with Eggs</p>
<p>6 Turkey Meatloaf Garlic Mashed Potatoes Spinach Waffles & Chicken</p>	<p>7 Baked Fish Amandine Quinoa Brussels Sprouts Waffles & Chicken</p>	<p>8 Cheeseburger w/Lettuce & Tomato Slices Baked Potato Wedges Green Beans Seafood Salad</p>	<p>9 Chicken Hawaiian Egg Noodles Whole Baby Carrots Seafood Salad</p>	<p>10 Potato Soup Veggie Chili Brown Rice Broccoli & Cauliflower Blend Veggie Burger</p>
<p>13 Baked Fish with Parmesan Crust Barley & Brown Rice Garlic Snap Peas Caprese Salad</p>	<p>14 Roast Turkey Breast Baked Sweet Potato Green Beans Caprese Salad</p>	<p>15 Pot Roast Baked Potato Peas and Carrots Tuna Fish Salad</p>	<p>16 Minestrone Soup Eggplant Parmesan Spaghetti w/Tomato Sauce Spinach Veggie Burger</p>	<p>17 Kielbasa with Sauerkraut Oven Baked Potatoes Broccoli Florets Tuna Fish Salad</p>
<p>20 Split Pea Soup Baked Falafel Lemon Rice Roasted Eggplant Pizza Bagel</p>	<p>21 Roast Pork Loin Mashed Potatoes Red Cabbage w/ Sliced Apples Pizza Bagel</p>	<p>22 Baked Breaded Fish Potato Kugel Brussels Sprouts Turkey Salad</p>	<p>23 Italian Meatballs Spaghetti w/Tomato Sauce Italian Cut Green Beans Turkey Salad</p>	<p>24 Baked Chicken Noodles and Cabbage California Blend Vegetables Turkey Salad</p>
<p>27 Beef Stew Egg Noodles Collard Greens Egg Salad</p>	<p>28 Teriyaki Baked Fish Brown Rice Oriental Blend Vegetables Egg Salad</p>	<p>29 Vegetable Soup Rotini w/Spinach & Chickpeas Italian Cut Green Beans Veggie Burger</p>	<p>30 Salmon Cakes with Dill Sauce Cauliflower Potato Mash Whole Baby Carrots Chicken Salad</p>	<p>31 Chicken Parmesan Penne with Tomato Sauce California Blend Vegetables Chicken Salad</p>