

# The Caregiver Program of SNAP Support Group Schedule

SNAP provides several groups for individuals providing care to family members or friends. Support Groups are a great way to bring people together who are facing similar life circumstances. All groups are conducted via Zoom.

All Caregivers
<b>When:</b> 4 <sup>th</sup> Tuesday of the month (Zoom) <b>Time:</b> 10:00AM - 11:30AM <b>Facilitator:</b> Bernadette Josephs, LMSW
<b>When:</b> 3 <sup>rd</sup> Wednesday of the month (Zoom) <b>Time:</b> 2:30PM - 4:00PM <b>Facilitator:</b> Celine Dorisca, MSW
Working Caregivers
<b>When:</b> 2nd Tuesday of the month (Zoom) <b>Time:</b> 6:30PM - 8:00PM <b>Facilitator:</b> Alania Appleton, LMSW
<b>When:</b> 3 <sup>rd</sup> Tuesday of the month (Zoom) <b>Time:</b> 6:30PM - 8:00PM <b>Facilitator:</b> Bernadette Josephs, LMSW
Caregiver Spouses
<b>When:</b> Every Friday (telephone) <b>Time:</b> 10:00AM - 10:45AM <b>Facilitator:</b> Izobella Ustoyev
Adult Children Caregivers
<b>When:</b> 1 <sup>st</sup> Wednesday of the month (Zoom) <b>Time:</b> 12:30PM - 2:00PM <b>Facilitator:</b> Bernadette Josephs, LMSW
Bereavement Group
<b>When:</b> 3 <sup>rd</sup> Thursday of the Month <b>Time:</b> 12:00PM - 1:00PM <b>Facilitator:</b> Bernadette Josephs, LMSW

**If you are interested in attending any of the groups listed above,  
please call (718) 527-5380**

Last Update 7/2/2025