

WHAT'S HAPPENING AT SNAP

April 2025

MENUS

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken Cacciatore Penne Italian Blend Vegetables <i>Hummus, Pita and Garden Salad</i>	2 Pot Roast Baked Potato Peas and Carrots <i>Tuna Fish Salad</i>	3 Minestrone Soup Eggplant Parmesan Spaghetti Spinach <i>Tuna Fish Salad</i>	4 Turkey Breast Baked Sweet Potato Green Beans <i>Tuna Fish Salad</i>
7 Tomato Soup Black Bean and Mushroom Burger Sweet Potato Fries Broccoli Florets <i>Pizza Bagel</i>	8 Roast Loin of Pork Mashed Potatoes Red Cabbage with Sliced Apples <i>Pizza Bagel</i>	9 Baked Chicken Apple Noodle Kugel California Blend Vegetables <i>Turkey Salad</i>	10 Italian Meatballs Spaghetti Italian Cut Green Beans <i>Turkey Salad</i>	11 Breaded Fish Fillets Brown Rice with Mushrooms Brussels Sprouts <i>Turkey Salad</i>
14 Oven Fried Chicken Egg Barley with Mushrooms Asparagus <i>Bagel with Lox and Cream Cheese</i>	15 Teriyaki Baked Fish Brown Rice Oriental Blend Vegetables <i>Bagel with Lox and Cream Cheese</i>	16 Vegetable Soup Rotini with Spinach and Chickpeas Italian Cut Green Beans <i>Veggie Burger</i>	17 Beef Stew Egg Noodles Collard Greens <i>Chicken Salad</i>	18 Salmon Cakes with Dill Sauce Cauliflower Potato Mash Whole Baby Carrots <i>Chicken Salad</i>
21 Meatloaf Garlic Mashed Potatoes Spinach <i>Grilled Cheese Sandwich</i>	22 Vegetable Soup Mushroom Cauliflower Bolognese Baby Carrots Brussels Sprouts <i>Grilled Cheese Sandwich</i>	23 Chicken Marsala Bowtie Pasta Asparagus <i>Avocado Egg Salad</i>	24 Turkey Breast Baked Sweet Potato Green Beans <i>Avocado Egg Salad</i>	25 Lemon Garlic Baked Fish Brown Rice Pilaf Butternut Squash <i>Avocado Egg Salad</i>
28 Pepper Steak Brown Rice Asparagus <i>Egg & Cheese on a Croissant</i>	29 Broccoli Cheddar Soup Spinach Frittata Baked Potato Wedges Peas and Carrots <i>Egg & Cheese on a Croissant</i>	30 Pork Chops Macaroni and Cheese Collard Greens <i>Tuna Salad with Eggs</i>	SNAP of Eastern Queens OAC 80-45 Winchester Blvd. Bldg #4 Queens Village, NY 11427 (718) 454-2100 snapqueens.org	

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Scrambled Eggs with Swiss Cheese Bagel with Cream Cheese Oatmeal w/ Raisins	2 Waffles Scrambled Eggs Bran Flakes	3 Egg Omelets Croissant w/Butter Oatmeal	4 French Toast Scrambled Eggs Wheaties Cereal
7 Pancakes Egg Whites Cheerios & Banana	8 Scrambled Eggs Bagel w/ Cream Cheese Raisin Bran Cereal	9 Greek Yogurt Kaiser Roll w/ Butter & Jelly Oatmeal w/ Raisins	10 Hard Boiled Eggs Corn Muffin Bran Flakes Cereal	11 French Toast Scrambled Eggs Oatmeal
14 Egg Omelets Bagel with Cream Cheese Greek Yogurt	15 Waffles Veggie Sausage Patty Bran Flakes Cereal Banana	16 Scrambled Eggs with Swiss Cheese Bran Muffin Oatmeal	17 Pancakes Egg Whites Shredded Wheat Cereal Banana	18 Scrambled Eggs Kaiser Roll Oatmeal w/ Raisins
21 French Toast Scrambled Eggs Oatmeal	22 Egg Whites Egg Twist Roll Greek Yogurt Banana	23 Pancakes Egg Omelets Oatmeal w/Raisins	24 Scrambled Eggs Bagel with Cream Cheese Bran Flakes Cereal Banana	25 Cheese Blintzes Hard Boiled Eggs Oatmeal
28 Pancakes Egg Whites Raisin Bran Cereal Banana	29 Scrambled Eggs with Swiss Cheese Bagel with Cream Cheese Oatmeal w/ Raisins	30 Waffles Scrambled Eggs Oatmeal	SNAP of Eastern Queens OAC 80-45 Winchester Blvd. Bldg #4 Queens Village, NY 11427 (718) 454-2100 snapqueens.org	