

SNAP of Eastern Queens Lunch Menu - August 2024

August 2024				
Mon	Tue	Wed	Thu	Fri
			1 Italian Meatballs Spaghetti Italian Cut Green Beans (Turkey Salad)	2 Baked Chicken Apple Noodle Kugel California Blend Vegetables (Turkey Salad)
5 Oven Fried Chicken Egg Barley with Mushrooms Asparagus (Ham & Cheese Sandwich)	6 Vegetable Soup Penne with White Beans, Eggplant & Tomatoes Italian Cut Green Beans (Ham & Cheese Sandwich)	7 Teriyaki Baked Fish Brown Rice Oriental Blend Vegetables (Chicken Salad)	8 Salmon Cakes with Dill Sauce Cauliflower Potato Mash Whole Baby Carrots (Chicken Salad)	9 Italian Sausage with Onions and Peppers Penne Broccoli Florets (Chicken Salad)
12 Mushroom and Cauliflower Bolognese Baby Carrots Brussels Sprouts (Bagel with Cream Cheese & Lox)	13 Meatloaf Mashed Potatoes Spinach (Bagel with Cream Cheese & Lox)	14 Jerk Chicken Black Beans and Rice Collard Greens with Tomato (Avocado Egg Salad)	15 Roast Turkey Breast Baked Sweet Potato Green Beans (Avocado Egg Salad)	16 Lemon Garlic Baked Fish Bowtie Pasta with Kasha California Blend (Avocado Egg Salad)
19 Pepper Steak Brown Rice Asian Inspired Asparagus (Tuna Fish Salad)	20 Eggplant Parmesan Spaghetti Spinach (Tuna Fish Salad)	21 Pork Chops Macaroni and Cheese Collard Greens (Turkey Breast Sandwich)	22 Baked Fish Oreganata Roasted Potatoes Mixed Vegetables (Turkey Breast Sandwich)	23 Chicken Parmesan Penne California Blend Vegetables (Turkey Breast Sandwich)
26 Turkey Meatloaf Mashed Potatoes Spinach (Pizza Bagel)	27 Baked Fish Amandine Quinoa Whole Baby Carrots (Pizza Bagel)	28 Vegetable Soup Baked Ziti Italian Blend Vegetables Italian Cut Green Beans (Seafood Salad)	29 Chicken Hawaiian Egg Noodles Broccoli Florets (Seafood Salad)	30 Hamburger with Lettuce, Tomato & Onion Slices; Hot Dog with Sauerkraut; & BBQ Chicken Leg Baked Beans Corn on the Cob

SNAP of Eastern Queens Older Adult Center
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A Not-for-Profit agency funded under contract with
the New York City Department for the Aging
as part of the Older Americans Act