

The Caregiver Program of SNAP Support Group Schedule

SNAP provides several groups for individuals providing care to family members or friends. Support Groups are a great way to bring people together who are facing similar life circumstances.

All Caregivers
When: 4 th Tuesday of the month (Zoom) Time: 10:30AM - 12:00PM Facilitator: Bernadette Josephs, LMSW
Working Caregivers
When: 3 rd Tuesday of the month (Zoom) Time: 6:30PM - 8:00PM Facilitator: Bernadette Josephs, LMSW
Caregiver Spouses
When: Every Friday (telephone) Time: 10:00AM - 10:45AM Facilitator: Izobella Ustoyev
Adult Children Caregivers
When: 1 st Wednesday of the month (Zoom) Time: 12:30PM - 2:00PM Facilitator: Bernadette Josephs, LMSW
Bereavement Group
When: Periodically for Current Caregiver Clients (Zoom) Time: TBD Facilitator: Bernadette Josephs, LMSW

**If you are interested in attending any of the groups listed above, please call
(718) 527-5380**

**Please note, at this time, all support groups will be conducted by telephone or
by ZOOM due to the Covid-19 Health Crisis.**

Last Update 3/27/2024