

SNAP of Eastern Queens Lunch Menu - March 2023

March 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Cheeseburger Sweet Potato Fries Green Beans (Chicken Salad)	2 BBQ Chicken Baked Beans Broccoli Florets (Chicken Salad)	3 Pork Chops Macaroni and Cheese Collard Greens (Chicken Salad)	4
5	6 Chicken Cacciatore Brown Rice Spinach (Turkey Breast)	7 Vegetable Alfredo Pasta Brussel Sprouts Italian Blend Vegetables (Turkey Breast)	8 Meatloaf Baked Potato Whole Baby Carrots (Egg Salad)	9 Pot Roast Egg Noodles Mixed Vegetables (Egg Salad)	10 Chicken Parmesan Spaghetti California Blend Vegetables (Egg Salad)	11
12  (Daylight Savings begins)	13 Italian Meatballs Penne Italian Cut Green Beans (Roast Beef)	14 Loin of Pork Mashed Potatoes Braised Cabbage with Apples (Roast Beef)	15 Turkey Breast Baked Sweet Potatoes Green Beans (Chicken Salad)	16 Oven Fried Chicken Egg Barley & Mushrooms Broccoli Florets (Chicken Salad)	17 Corned Beef & Cabbage Boiled Potatoes Whole Baby Carrots  (St. Patrick's Day)	18
19	20 Sesame Chicken Brown Rice Oriental Blend Vegetables (Falafel with Pita Bread)	21 Pot Roast Baked Potato Broccoli Florets (Falafel with Pita Bread)	22 Cheese Manicotti California Blend Italian Cut Green Beans  (Tuna Fish Salad) (Ramadan begins)	23 Meatloaf Mashed Potatoes Spinach (Tuna Fish Salad)	24 Fish with Tomatoes Parsleyed Potatoes Mixed Vegetables (Tuna Fish Salad)	25
26	27 Sausage with Onions & Peppers Penne Broccoli Florets (Turkey Breast)	28 Beef Stew Bowtie Pasta Green Beans (Turkey Breast)	29 Chicken Hawaiian Cauliflower Potato Mash Peas and Carrots (Avocado Egg Salad)	30 Vegetable Lasagna Italian Blend Vegetables Whole Baby Carrots (Avocado Egg Salad)	31 Lemon Garlic Baked Fish Brown Rice Mixed Vegetables (Avocado Egg Salad)	

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