



# SNAP of Eastern Queens Breakfast Menu - March 2023

## March 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Hard Boiled Eggs Bran Muffin w/ Butter Oatmeal	2 Pancakes with Syrup Turkey Bacon Life Cereal with Banana	3 Egg Omelet Bagel with Cream Cheese Oatmeal	4
5	6 Greek Yogurt Bran Muffin with Butter Cheerios with Banana	7 Scrambled Eggs with Swiss Cheese Bagel with Cream Cheese Oatmeal with Raisins	8 Waffles with Syrup Turkey Bacon Bran Flakes	9 Egg Omelet Croissant with Butter Oatmeal	10 French Toast with Syrup Veggie Sausage Patty Wheaties	11
12  (Daylight Savings begins)	13 Pancakes with Syrup Turkey Sausage Patty Fiber One with Banana	14 Scrambled Eggs Bagel with Cream Cheese Shredded Wheat	15 Greek Yogurt Kaiser Roll with Butter Oatmeal with Raisins	16 Hard Boiled Eggs Bran Flakes with Banana Corn Muffin with Butter	17 French Toast with Syrup Veggie Sausage Patty Oatmeal  (St. Patrick's Day)	18
19	20 Egg Omelet Bagel with Butter Greek Yogurt banana	21 Waffles with Syrup Veggie Sausage Patty Bran Flakes with Banana	22 Scrambled Eggs Bran Muffin with Butter Oatmeal  (Ramadan begins)	23 Pancakes with Syrup Turkey Sausage Patty Fiber One Cereal Banana	24 Egg Whites Egg Twist Roll with Butter Oatmeal with Raisins	25
26	27 French Toast with Syrup Veggie Sausage Patty Oatmeal	28 Egg Whites Turkey Sausage Patty Kaiser Roll with Butter Honey Nut Cheerios with Banana	29 Pancakes with Syrup Egg Omelet Oatmeal with Raisins	30 Scrambled Eggs Bagel with Cream Cheese Total Cereal with Banana	31 Waffles with Syrup Veggie Sausage Patty Bran Flakes with Banana	

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